

McCook



20
26

YMCA

Summer Day Camp 2026

Online
registration
opens 2.9.26



Table Of Contents

Welcome to McCook YMCA Summer Camp	01
Program Overview	02
Weekly Themes	03
Daily Camp Experience	04
Registration and Fees	05
Camper Preparation	06
Policy and Procedures	07
Health and Safety	08
Camper Expectations	09
Abuse Prevention	10





Welcome to McCook YMCA Summer Camp

Why the Y?

At the McCook YMCA, our goal is to help your child have the best summer ever. Campers will spark their imagination, build lasting friendships, and confidently try new things. With engaging weekly themes, each day is filled with fun, discovery, and meaningful experiences—so boredom never stands a chance.

Caring, Qualified Camp Staff

Our Summer Camp Counselors are compassionate individuals who serve as positive role models for your child. All counselors are CPR and First Aid certified and complete extensive training to ensure a safe, supportive, and fun camp experience. Your child's safety, well-being, and happiness are always our top priorities.

Our Core Values

Our core values are at the heart of everything we do at the YMCA. Throughout the summer, your child will earn value beads as they demonstrate each of these important traits in their daily actions.

Caring

Be considerate
to others

Honesty

Be truthful

Inclusion

Be kind to others
and include all

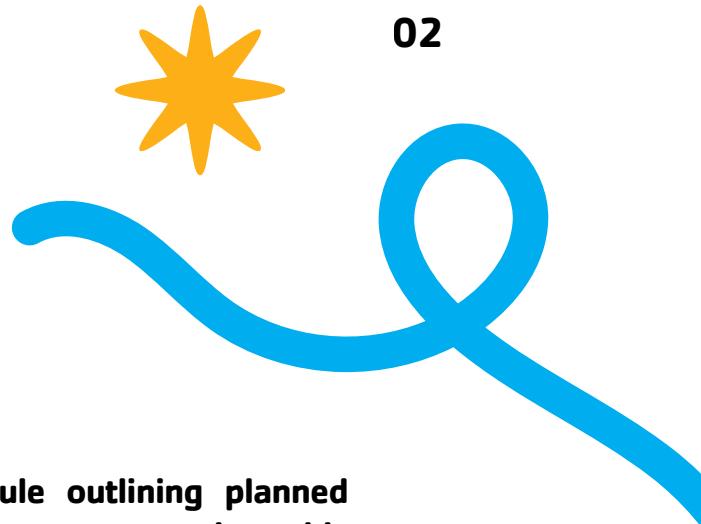
Respect

Treat others the way
you want to be
treated

Responsibility

Be accountable for
your actions

Program Overview



Our Core Values

Each week, families will receive a schedule outlining planned activities and field trips. We encourage you to review this information with your child so they know what to expect. Campers will enjoy a variety of age-appropriate activities that are fun, enriching, and engaging. Our program is designed to empower youth to be their best selves through STEM and reading, arts and crafts, physical activity, and more.

Arts and Crafts

During art time, staff guide campers as they explore their creativity, express themselves, and develop new artistic skills.

Field Trips

Throughout the summer, campers will visit local businesses and hear from guest speakers, helping them explore careers and learn more about the world around them.

Swimming

Campers will have the opportunity to swim at the YMCA and McCook City Pool or enjoy fun water games throughout the summer.

Physical Activity

Through games and sports, campers learn the values of teamwork, cooperation, and sportsmanship—all while having fun.

STEM

Through dynamic science, technology, engineering, and math challenges, campers develop critical thinking skills, learn perseverance through trial and error, and practice working as a team.

Youth Choice

Campers are empowered to explore their interests and build independence through structured free play at the end of each day.

Weekly Themes

1

Adventure Awaits

June 1st-5th

Pack your backpacks! It's time to make new friends and start our summer with big smiles and exciting adventures!

2

2

Fun Around the Year

June 8th-12th

Every day brings a new celebration with fun activities and festive surprises!

3

Mad Scientists

June 15th-19th

Grab your goggles! It's time to mix, fizz, and discover how fun science can be!

4

Animal Kingdom

June 22nd-26th

Explore the wild with animal-themed games, crafts, and adventures!"

5

Imagination Station

June 29th-July 2nd

All aboard! Build, draw, and dream as your imagination leads the way!

6

Disney & Universal

July 6th-10th

Disney and Universal come alive with fun, games, and creativity!

7

Superhero Academy

July 13th-17th

Calling all heroes! Suit up, work together, and discover your superpowers!

8

Sports Mania

July 20th-24th

Discover new sports, learn skills, and have fun trying them all week!

9

Under the Sea

July 27th-31st

Explore hidden treasures and enjoy a week of ocean-sized fun!

10

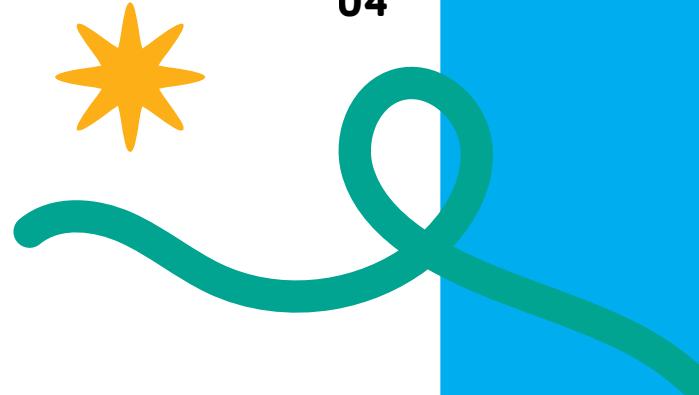
Best of the Best

August 3rd-5th

Action-packed fun, wrapping up all your favorite camp activities!



Daily Camp Experience



7:30-8:30am- Before Camp Care

8:30-9:00am- Morning Meeting/Huddles

9:00-10:00am- Physical Activity

10:00-10:15am- Morning Snack

**10:15-12:00pm- Age Group Rotations
(STEAM, Field Trips)**

12:00-1:00pm- Lunch

1:00-2:00pm- STEAM Exploration

2:00-3:00pm- Swimming/Water Games

3:00-3:30pm- Afternoon Snack

3:30-4:30pm- Huddles/Games/Clean-up

4:30-5:30pm- After Camp Care



Registration and Fees



Weekly Rates

Summer Camp registration is completed on a weekly basis. Families may register for a single week or enjoy the full 10 weeks of camp.

Cost:

- \$185/members, \$25 sibling discount available
- \$200/non-members

*Please note there is a \$20 non-refundable deposit due to hold your spot. The deposit goes toward your weekly fee.

Summer Camp Hours

8:30am-4:30pm

Campers may arrive no earlier than 7:30am and be picked up no later than 5:30pm for no additional charge

How to Enroll

Register online at mccookymca.org/summercamp or stop by the front desk. Please complete all registration information and ensure Summer Camp is paid in full by the Friday prior to the week your child will attend. Payment must be received before campers are permitted to participate. Contact Britni Brannan, Youth Development Director, at bbrannan@mccookymca.org or 308-345-6228 if you have any questions

Financial Assistance

We want every child to have the opportunity to experience Summer Camp at the McCook YMCA. Thanks to the generosity of our Community Strong donors, financial assistance is available for qualifying families. If you are interested in applying, please stop by the front desk with your 1040 tax form.



Camper Preparation

What to bring

Please pack a backpack and send these items with your camper each day to help ensure a successful and enjoyable Summer Camp experience.

- **Healthy Lunch**
 - Lunches cannot need kept in the fridge or reheated.
- **Sunscreen**
 - Labelled with child's name. We recommend spray on sunscreen and a face stick.
- **Water Bottle**
- **Play Clothes**
 - Things get messy FAST at Summer Camp. Save your nice clothes for school and home.
- **Closed-Toe Shoes**
 - A must for all the games we play.
- **Swim Gear**
 - Suit, towel, goggles, lifejacket, etc. Make sure to have these on swim days.

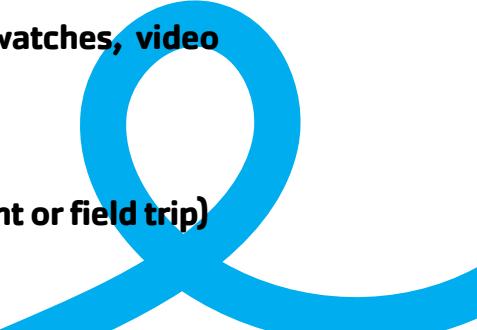
What to leave at home

We provide plenty of fun and engaging activities each day, so please leave toys and personal items at home. The YMCA is not responsible for lost or stolen items. If an item is lost, it will be held until the end of Summer Camp.

Campers who bring electronic devices will be asked to keep them in their backpack or turn them in to a Camp Counselor for safekeeping.

Please leave the following items at home:

- **Electronic devices (cell phones, tablets, smart watches, video games, etc.)**
- **Trading cards and toys**
- **Pocket knives, weapons, or fireworks**
- **Money (unless specifically noted for a special event or field trip)**



Policy and Procedures

07

Who can attend

Children entering 1st through 6th grade are eligible to attend Summer Camp. Campers must be at least 5 years old and have completed at least one day of Kindergarten.

Communication

Families will use SportsYou for camp communication, including announcements, field trip reminders, absences, and weekly schedules. Schedules will be available by the Friday prior to each week.

Attendance

If your child will be absent, arriving late, or leaving early, please notify us in advance via SportsYou. This helps us plan, especially on field trip days. If your child cannot attend a week of camp, let us know so we can open the spot for another camper.

Pick Up/ Drop Off

Children must be signed in and out by a parent/guardian or someone on their approved pickup list. Anyone not on the list must show ID and have parent approval. If you're late, please notify staff. Late pickups incur a \$5/minute fee after 5:30 PM and repeated lateness may result in loss of camp.

Cancellation

Notify us as soon as possible if your child cannot attend. Cancellations with 7+ days' notice may receive a refund or account credit. Cancellations with 6 days or less may receive account credit; deposits are non-refundable. No refunds are given once a session starts or for no-shows.

Waitlist

Summer Camp fills quickly! If a spot isn't available, join our waitlist. When a spot opens, we'll call—you'll have 24 hours to pay the deposit to secure it. Payments can be made online, by phone, or at the front desk.

Membership Status

To receive member rates, your membership must be active during your child's camp session. If it lapses, your account will be charged the difference.

Health and Safety

08

Illnesses/Injuries

For everyone's well-being, please keep your child home if they are ill, have a fever, or have head lice. If your child becomes ill at camp, you will be notified and must pick them up immediately. Parents will be informed of accidents or injuries, and in emergencies, medical care will be sought right away.

Medications

We can only administer medication if it comes with a parent/guardian note specifying the name and dosage. Please send all medication in its original container, clearly labeled with your child's name.

Special Health Needs/Allergies

Please list any special health needs or allergies on your child's registration. We will do our best to accommodate them, and staff may contact you before camp if your child needs extra support.

Transportation

Trained staff will transport campers safely to all field trips. Children 8 and under must use a booster seat, and everyone must wear a seatbelt. If a seatbelt doesn't fit properly, a booster seat will be used. Field trips are listed in the weekly schedule, and parents should check SportsYou for updates.

Sunscreen

Campers should bring labeled sunscreen each day, preferably spray or face stick. Apply sunscreen before camp and replenish as needed. Staff will only assist if permission is given on registration forms. If your child has allergies or sensitivities, please let us know.

Swimming

Campers will swim at the YMCA on Mondays, Wednesdays, and Fridays, and enjoy outdoor or water games on other days. Please send a life jacket if your child needs one. Campers are expected to follow pool rules, listen to lifeguards, and change quickly. A rinse before swimming is required, but full showers should be taken after camp.

Camper Expectations



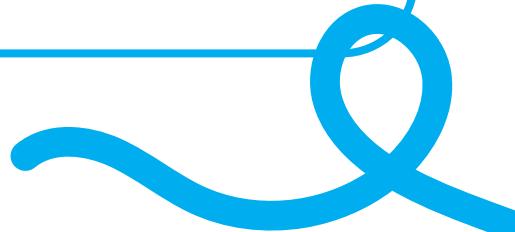
Behavior Policy

Our top priority is a safe and enriching experience for all campers. To ensure this, we ask that you and your child work with staff to follow basic rules and expectations.

Campers are expected to follow rules modeled after the YMCA Core Values: respect, responsibility, honesty, inclusion, and caring. Disrespectful or disruptive behavior may result in suspension or expulsion. Physical aggression toward staff or other campers is not tolerated and may lead to expulsion. Bullying of any kind is also unacceptable, and staff will take steps to stop it.

Staff will use positive reinforcement, redirection, and reset time to guide campers and prevent future issues. We will communicate regularly with you about your child's behavior to ensure all campers have a great experience.

Behavior Accommodations



We want every child to enjoy summer camp and have the best summer ever! However, we may not be able to accommodate every need. If your child requires special accommodations or you have concerns about attending, please contact staff before camp. We will work with you to ensure the Y is a good fit and do our best to meet your child's needs.

Abuse Prevention



The McCook YMCA has zero tolerance for abuse and will not tolerate the mistreatment or abuse of consumers in its programs. Any mistreatment or abuse by an employee or volunteer will result in disciplinary action, up to and including termination of employment or volunteer service. Further, this organization will fully cooperate with law enforcement throughout the investigation and resolution of mistreatment or abuse incidents.

The McCook YMCA has zero tolerance for abuse, mistreatment, or sexual activity among consumers within the organization. The YMCA is committed to providing all consumers with a safe environment and will not tolerate the mistreatment or abuse of one consumer by another consumer. Conduct by consumers that rises to the level of abuse, mistreatment, or sexual activity will result in intervention or disciplinary action, up to and including, dismissal from the program.

**To view our full Abuse Prevention Policy
scan the QR code below**

